

Name:

DOB

## Calcium, Parathyroid, or Osteoporosis Previsit Questionnaire

Since your last appointment in this office have you:    NO    YES    If new issue, please explain:

Taking calcium supplements? (if yes, how much how often)	_____	_____	
Taking vitamin D supplement? (if yes, how much how often)	_____	_____	
Consuming dairy (milk, yogurt, cheese- if yes, how much/often)	_____	_____	
Any new balance issues or falls?	_____	_____	
Any new broken bones?	_____	_____	
Any new kidney stones or blood in urine?	_____	_____	

### Regarding symptoms/problems:

Rate average energy past week (1=low, 10= high): \_\_\_\_\_/10

No Problem | Yes, same | New Prob | Please explain:

a) Fevers			
b) Sweats			
c) Intolerance of heat or cold			
d) Trouble Swallowing			
e) Changes in voice			
f) Changes in hearing			
g) Chest Pains			
h) Heart Racing			
i) Swelling in legs (edema)			
j) Shortness of breath			
k) Cough			
l) Nausea or Vomiting			
m) Abdominal Pain			
n) Discomfort with urination			
o) Swelling or pain in joints			
p) Balance problem or falls			
q) Difficulty with memory			
r) Tremor			
s) Headache			
t) Skin rash or lesions			
u) Hair loss			
v) Bleeding/Bruising			
w) Allergic reactions			
x) Anxiety			
y) Depression			
z) Men: Erectile Dysfunction			
Women: Menstrual Change			

How often/much do you: wake up night to urinate? \_\_\_\_\_/night.

have a bowel movement?    \_\_\_\_/day    OR    \_\_\_\_/week

Smoking: Packs per day: \_\_\_\_\_ or per week \_\_\_\_\_ OR NEVER \_\_\_\_\_

Alcohol Consumption drinks per day: \_\_\_\_\_ OR per week \_\_\_\_\_ OR Never \_\_\_\_\_