

## Downloading FREESTYLE LIBRE Continuous Glucose Monitor (CGM)

In order to download your Freestyle Libre continuous glucose monitor so that your provider can then review your glucose data remotely, please make sure your device time and date are correct and then take the following steps. If you use the LibreLink App on your phone, you can skip to the last step to link to Dr. Janet Chiang's office account.

### Setting up LibreView Account:

1. FROM YOUR COMPUTER: go to <https://www.libreview.com/>
2. Choose Country: united states and choose Language
3. Click "patients" at the top left of the screen
4. Click sign up and enter your email address
5. Choose Account Type. You cannot change this after your account has been created.
6. Choose: **LibreView Account**- This is a personal account for patients who want to upload their glucose devices to view and print reports. With this account you also have the option to share your glucose data with healthcare professionals who use LibreView.
7. Then click "continue" on the bottom right.
8. Choose your country of residence: United States, then click "Next"
9. Scroll down through to review the "terms of use", then click "Accept"
10. Scroll down through to review the "privacy notice", then click "Accept"
11. Enter your account information: name, date of birth, then click "Next"
12. Login information: enter your email address, then create a password (it must be 8 to 36 characters, with mixed case letters and at least 1 number), then click "Next"
13. Go to your email account. Open the email from LibreView, click on the link to "verify email". If you do not see this email within a few minutes, please check your spam / junk mail box
14. Then come back to Libre View and click "next"
15. You should see: Patient Account Successfully Created, Your LibreView Account setup is complete. Here are some resources to help you start uploading devices and sharing your glucose data with your healthcare professional., then click "Done"

### Uploading your Device:

1. Connect your Libre CGM reader to your computer with the charging cable that came with your reader using the computer USB port
2. Click on "Press to begin to upload"

### Linking to the St. Joseph's Health account- Use Practice ID (stjoehealth – all 1 word lower case)

1. Open the Settings Menu: Click the three blue lines on the top right corner of your home screen to open the Settings Menu.
2. Click Account Settings
3. Click My Practices
4. Click on the My Practices section.
5. Link to a practice
6. Enter the **Practice ID "drchiang" (no quotes, all lower case, all 1 word)** in the field provided and click the "Add" button. You should now see the clinic name appear in your Linked Practices list. This means you have successfully linked accounts and your healthcare professional can now has access your glucose data to facilitate a remote, virtual visit.