

SHOPPING LIST FOR COLONOSCOPY PREPARATION (2 DAY PREP)

Preparation laxative are available at any pharmacy. If you have any questions finding the laxatives or MiraLAX, ask the pharmacist for assistance.

1.) Buy a MiraLAX Container with at least 48 doses

(or store Brand polyethylene glycol powder-PEG).

Any Brand is acceptable



2.) Buy a small box or bottle of Dulcolax 5mg tablets

(or store brand Bisacodyl tablets)

Any brand is acceptable



3.) Buy 6 (six) 28 ounce bottles of Gatorade or

Electrolyte Drink. Any Brand is acceptable

Sugar-free options are acceptable



4.) Buy a small box or bottle of Gas-X 125mg Softgels

(or store brand Simethicone tablets.)

Any Brand is acceptable



*****NO ORANGE, RED OR PURPLE*****