

SHOPPING LIST FOR COLONOSCOPY PREPARATION

Preparation laxatives are available at any pharmacy. If you have any questions about finding the laxatives or MiraLAX, ask the pharmacist for assistance.

1.) Buy a MiraLAX Container with at least 24 doses
(or store Brand polyethylene glycol powder-PEG).

8 packet = 8 doses OR 8 capfulls = 8 doses

Any Brand is acceptable



2.) Buy a small box or bottle of Dulcolax 5mg tablets
(or store brand Bisacodyl tablets)

Any brand is acceptable



3.) Buy three 28 ounce bottles of Gatorade or
Electrolyte Drink. Any Brand is acceptable

Sugar-free options are acceptable



4.) Buy a small box or bottle of Gas-X 125mg Softgels
(or store brand Simethicone tablets.)

Any Brand is acceptable



*****NO ORANGE, RED OR PURPLE*****